

MAARDU KEVADJOOKS JA TERVISEKÄIMINE

20.05.2023 Maardu linna metsapargis

TULEMUSED



MAARDU

| Koht | V.kl | Nr | Nimi | Klubi | Linn/Vald | Tulemus | Kaotus | Koht Maardu arvestuses |
|---------------------------|------|-----|----------------------|--------------------------------|-----------|---------|---------|------------------------------|
| Tüdrukud 7-8 1 km | | | | | | | | |
| 1. | T08 | 205 | Orianna Babitseva | Maardu Gümnaasium | Maardu | 4:27.5 | | 1 |
| 2. | T08 | 220 | Vera Shatrova | Lasteaed Rõõm | Maardu | 4:57.8 | -30.3 | 2 |
| 3. | T08 | 228 | Julia Petrova | Maardu Purjespordikool | Maardu | 5:15.6 | -48.1 | 3 |
| 4. | T08 | 224 | Sandra Sillaste | | Maardu | 5:56.2 | -1:28.7 | 4 |
| 5. | T08 | 247 | Alisa Fiter | | Maardu | 6:04.3 | -1:36.8 | 5 |
| 6. | T08 | 222 | Anastasia Odinkova | Maardu Ujumisklubi | Maardu | 6:50.5 | -2:23.0 | 6 |
| 7. | T08 | 245 | Tatjana Korotkova | Maardu Purjespordikool | Maardu | 7:11.0 | -2:43.5 | 7 |
| 8. | T08 | 258 | Uljana Saljukov | Tallinna Laagna Gümnaasium | Tallinn | 7:18.5 | -2:51.0 | |
| 9. | T08 | 267 | Anna Semenova | Maardu Gümnaasium | Maardu | 7:24.9 | -2:57.4 | 8 |
| 10. | T08 | 262 | Nika Krehhova | Maardu Põhikool | Maardu | 7:33.7 | -3:06.2 | 9 |
| Poisid 7-8 1 km | | | | | | | | |
| 1. | P08 | 204 | Maksim Dashkevich | Linnamae Vene Lütseum | Tallinn | 3:59.9 | | |
| 2. | P08 | 269 | Artom Semchenko | | Tallinn | 4:43.3 | -43.4 | |
| 3. | P08 | 255 | German Rausch | Maardu Purjespordikool | Maardu | 4:46.5 | -46.6 | 1 |
| 4. | P08 | 226 | Maksim Popovitš | Maardu Purjespordikool | Maardu | 4:49.8 | -49.9 | 2 |
| 5. | P08 | 259 | Artjom Nikolajev | Maardu Linnameeskond | Maardu | 5:09.2 | -1:09.3 | 3 |
| 6. | P08 | 216 | Jevgeni Dikij | | Maardu | 5:13.8 | -1:13.9 | 4 |
| 7. | P08 | 249 | Mihhail Saponenko | | Maardu | 5:18.5 | -1:18.6 | 5 |
| 8. | P08 | 219 | Arseni Tõibisov | | Tallinn | 6:00.2 | -2:00.3 | |
| 9. | P08 | 248 | David Tõadik | | Maardu | 6:20.3 | -2:20.4 | 6 |
| 10. | P08 | 243 | Robert Mavrin | Maardu Sipsiku lasteaed | Maardu | 6:33.0 | -2:33.1 | 7 |
| 11. | P08 | 229 | Maksym Yevstiehniev | Rukkilill | Maardu | 6:54.8 | -2:54.9 | 8 |
| Tüdrukud 9-10 1 km | | | | | | | | |
| 1. | T10 | 218 | Julia Krasnova | Maardu Gümnaasium | Maardu | 3:55.5 | | 1 |
| 2. | T10 | 221 | Anna Shatrova | Maardu Lauatennisklubi | Maardu | 4:03.7 | -8.2 | 2 |
| 3. | T10 | 237 | Kamilla Romani | Maardu Gümnaasium | Maardu | 4:27.6 | -32.1 | 3 |
| 4. | T10 | 223 | Angelina Nelk | Maardu Gümnaasium | Maardu | 4:27.8 | -32.3 | 4 |
| 5. | T10 | 203 | Veronica Selezneva | Kallavere keskkool | Maardu | 4:30.6 | -35.1 | 5 |
| 6. | T10 | 239 | Milana Ralev | Maardu Gümnaasium | Maardu | 4:37.1 | -41.6 | 6 |
| 7. | T10 | 253 | Polina Lis | TKVG | Viimsi | 4:40.1 | -44.6 | |
| 8. | T10 | 209 | Svetlana Bugajeva | Maardu Ujumisklubi | Maardu | 4:44.4 | -48.9 | 7 |
| 9. | T10 | 265 | Veronika Mistsenko | Läänemere Gümnaasium | Maardu | 4:44.8 | -49.3 | 8 |
| 10. | T10 | 227 | Polina Tõaussova | Maardu Purjespordikool | Maardu | 5:13.1 | -1:17.6 | 9 |
| 11. | T10 | 268 | Amelija Baranovskaja | | Maardu | 6:30.7 | -2:35.2 | 10 |
| 12. | T10 | 263 | Alina Krehhova | Maardu Gümnaasium | Maardu | 7:03.6 | -3:08.1 | 11 |
| Poisid 9-10 1 km | | | | | | | | |
| 1. | P10 | 214 | Vladimir Valtsev | Maardu Põhikool | Maardu | 4:01.5 | | 1 |
| 2. | P10 | 233 | Dirk-Edrik Tori | Kohila Gümnaasium | Kohila | 4:02.0 | -0.5 | |
| 3. | P10 | 206 | Miron Brussilov | Maardu Gümnaasium | Maardu | 4:16.3 | -14.8 | 2 |
| 4. | P10 | 260 | Martin Palovski | Maardu Gümnaasium, Maardu ujum | Maardu | 4:18.1 | -16.6 | 3 |
| 5. | P10 | 211 | Georgi Malysh | Maardu Ujumisklubi | Maardu | 4:37.9 | -36.4 | 4 |
| 6. | P10 | 240 | Nikita Fedotov | Maardu Ujumisklubi | Maardu | 4:49.5 | -48.0 | 5 |
| 7. | P10 | 234 | Daniel Sojunen | Maardu Purjespordikool | Maardu | 4:55.4 | -53.9 | 6 |
| 8. | P10 | 261 | Ratmir Lebed | | Maardu | 4:59.6 | -58.1 | 7 |
| 9. | P10 | 246 | Arseni Đapenkov | Maardu Purjespordikool | Maardu | 5:31.8 | -1:30.3 | 8 |

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|-----|-----|-----|------------------|-------------------|---------|--------|---------|---|
| 10. | P10 | 266 | Ratmir Babitsev | Maardu Gümnaasium | Maardu | 6:01.3 | -1:59.8 | 9 |
| 11. | P10 | 213 | Edgar Vavilkin | | | 6:04.4 | -2:02.9 | |
| 12. | P10 | 225 | Jevgeni Trofimov | | Tallinn | 6:11.5 | -2:10.0 | |

Tüdrukud 11-12 1 km

| | | | | | | | | |
|-----|-----|-----|---------------------------|-------------------------------------|---------|--------|---------|---|
| 1. | T12 | 250 | Marija Aleksova | Maardu LM | Maardu | 3:45.8 | | 1 |
| 2. | T12 | 235 | Anastasia Artemjeva | Tallinna Humanitaargümnaasium | Tallinn | 3:48.0 | -2.2 | |
| 3. | T12 | 236 | Anna Artemjeva | Tallinna Humanitaargümnaasium | Tallinn | 4:34.8 | -49.0 | |
| 4. | T12 | 241 | Sofija Veretjuk | Maardu Ujumisklubi | Maardu | 4:39.9 | -54.1 | 2 |
| 5. | T12 | 238 | Zlata Sjatkovskaja | Maardu Ujumisklubi, Maardu Põhikool | Maardu | 4:48.9 | -1:03.1 | 3 |
| 6. | T12 | 215 | Valeria Soõnikova | Kallavere keskkool, 4 kl | Maardu | 4:54.0 | -1:08.2 | 4 |
| 7. | T12 | 251 | Hanna Hutak | Maardu/Loo keskkool | Maardu | 4:59.9 | -1:14.1 | 5 |
| 8. | T12 | 202 | Uljana Toptõina | Lasnamäe Vene Gümnaasium | Maardu | 5:46.2 | -2:00.4 | 6 |
| 9. | T12 | 230 | Viktorija Yevstiehnieceva | Põhikool | Maardu | 6:01.2 | -2:15.4 | 7 |
| 10. | T12 | 231 | Yana Yevstiehnieceva | Põhikool | Maardu | 6:27.7 | -2:41.9 | 8 |
| 11. | T12 | 212 | Marija Vavilkina | | | 6:45.4 | -2:59.6 | |

Poisid 11-12 1 km

| | | | | | | | | |
|----|-----|-----|-------------------|-----------------------------------|-------------|--------|---------|---|
| 1. | P12 | 217 | Ivan Krasnov | Kallavere KK | Maardu | 3:29.2 | | 1 |
| 2. | P12 | 232 | Gleb Jankovski | Tallinna Kalevi Kergetõustikukool | Tallinn | 3:39.2 | -10.0 | |
| 3. | P12 | 242 | Artur Veretjuk | LPK | Maardu | 4:01.9 | -32.7 | 2 |
| 4. | P12 | 257 | Miron Saljukov | Tallinna Laagna Gümnaasium | Tallinn | 4:14.2 | -45.0 | |
| 5. | P12 | 252 | Daniil Timoshenko | MG | Maardu | 4:26.2 | -57.0 | 3 |
| 6. | P12 | 208 | Ivan Synytsia | Maardu Põhikool | Maardu | 4:39.2 | -1:10.0 | 4 |
| 7. | P12 | 254 | Nikita Sazonov | Maardu Gümnaasium | Maardu | 4:43.2 | -1:14.0 | 5 |
| 8. | P12 | 256 | Edwin Pantõenko | Maardu Purjespordikool | Kallavere k | 4:52.1 | -1:22.9 | 6 |
| 9. | P12 | 244 | Danil Korotkov | Maardu Purjespordikool | Maardu | 5:50.4 | -2:21.2 | 7 |

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| Koht | V.kl | Nimi | Klubi | Linn/Vald | Tulemus | Kaotus |
|--------------------------|------|------|---------------------|----------------------------------|----------|-------------------|
| Üldjärjestus 3 km | | | | | | |
| 1 | T15 | 322 | Viola Nikitina | SRD SK | Tallinn | 12:35.4 |
| 2 | M60 | 333 | Sergei Istsenko | MULTISPORT ESTONIA | Maardu | 13:30.4 - 55.0 |
| 3 | T15 | 321 | Anastasia Artemjeva | Tallinna Humanitaargümnaasium | Tallinn | 13:57.7 - 1:22.3 |
| 4 | M60 | 309 | Igor Bondarev | | Maardu | 13:59.4 - 1:24.0 |
| 5 | P15 | 325 | Mihail Shatrov | Maardu Lauatennisklubi | Maardu | 14:12.4 - 1:37.0 |
| 6 | M70 | 332 | Andrei Babin | OÜ AB-Biograf | Tallinn | 14:20.8 - 1:45.4 |
| 7 | T15 | 326 | Marija Aleksova | Maardu LM | Maardu | 14:59.4 - 2:24.0 |
| 8 | M60 | 310 | Vladimir Piskunov | Skanweld | Maardu | 15:35.3 - 2:59.9 |
| 9 | T15 | 323 | Diana Ivanova | Maardu Gümnaasium, Maardu allvee | Maardu | 16:09.0 - 3:33.6 |
| 10 | M70 | 301 | Gennadi Jegorov | | Maardu | 16:40.7 - 4:05.3 |
| 11 | T15 | 335 | Kateryna Hutak | Fc ararat, Loo keskkool | Maardu | 16:56.3 - 4:20.9 |
| 12 | M70 | 314 | Anatoli Đuvalov | | Tallinn | 17:04.9 - 4:29.5 |
| 13 | M60 | 318 | Alexander Udalov | Maardu Põhikool | Maardu | 17:23.8 - 4:48.4 |
| 14 | P15 | 307 | Evgeni Vorobjov | Maardu Põhikool | Maardu | 17:41.9 - 5:06.5 |
| 15 | N65 | 317 | Ljudmilla Getman | JK Start | Tallinn | 18:27.2 - 5:51.8 |
| 16 | T15 | 319 | Anna Artemjeva | Tallinna Humanitaargümnaasium | Tallinn | 18:44.2 - 6:08.8 |
| 17 | T15 | 327 | Hanna Hutak | Maardu/Loo keskkool | Maardu | 19:00.3 - 6:24.9 |
| 18 | P15 | 303 | Maksim Lyubchenko | Maardu Pohikool | Maardu | 21:42.2 - 9:06.8 |
| 19 | M70 | 308 | Valeri Vassiljev | Maardu | Maardu | 22:08.7 - 9:33.3 |
| 20 | N65 | 328 | Raisa Tarkina | | Maardu | 23:35.3 - 10:59.9 |
| 21 | N65 | 315 | Anna Baikova | Start | Paldiski | 24:37.0 - 12:01.6 |
| 22 | N55 | 312 | Alla Orlova | | Maardu | 25:16.6 - 12:41.2 |
| 23 | N55 | 311 | Larissa Monahhova | Start | Maardu | 25:16.8 - 12:41.4 |
| 24 | N45 | 331 | Galina Potðeptsova | | Tallinn | 25:43.7 - 13:08.3 |
| 25 | N65 | 313 | Lida Mauer | | Tallinn | 36:07.9 - 23:32.5 |

| Koht | V.kl | Nr | Nimi | Klubi | Linn/Vald | Tulemus | Kaotus | Koht Maardu arvestuses |
|----------------------------|------|-----|---------------------|----------------------------------|-----------|---------|---------|------------------------------|
| Tüdrukud 13-15 3 km | | | | | | | | |
| 1. | T15 | 322 | Viola Nikitina | SRD SK | Tallinn | 12:35.4 | | |
| 2. | T15 | 321 | Anastasia Artemjeva | Tallinna Humanitaargümnaasium | Tallinn | 13:57.7 | -1:22.3 | |
| 3. | T15 | 326 | Marija Aleksova | Maardu LM | Maardu | 14:59.4 | -2:24.0 | 1 |
| 4. | T15 | 323 | Diana Ivanova | Maardu Gümnaasium, Maardu allvee | Maardu | 16:09.0 | -3:33.6 | 2 |
| 5. | T15 | 335 | Kateryna Hutak | Fc ararat, Loo keskkool | Maardu | 16:56.3 | -4:20.9 | 3 |
| 6. | T15 | 319 | Anna Artemjeva | Tallinna Humanitaargümnaasium | Tallinn | 18:44.2 | -6:08.8 | |
| 7. | T15 | 327 | Hanna Hutak | Maardu/Loo keskkool | Maardu | 19:00.3 | -6:24.9 | 4 |

| Poisid 13-15 3 km | | | | | | | | |
|--------------------------|-----|-----|-------------------|------------------------|--------|---------|---------|---|
| 1. | P15 | 325 | Mihail Shatrov | Maardu Lauatennisklubi | Maardu | 14:12.4 | | 1 |
| 2. | P15 | 307 | Evgeni Vorobjov | Maardu Põhikool | Maardu | 17:41.9 | -3:29.5 | 2 |
| 3. | P15 | 303 | Maksim Lyubchenko | Maardu Pohikool | Maardu | 21:42.2 | -7:29.8 | 3 |

| Naised 45-54 3 km | | | | | | | | |
|--------------------------|-----|-----|--------------------|--|---------|---------|--|--|
| 2. | N45 | 331 | Galina Potðeptsova | | Tallinn | 25:43.7 | | |

| Naised 55-64 3 km | | | | | | | | |
|--------------------------|-----|-----|-------------------|-------|--------|---------|------|---|
| 1. | N55 | 312 | Alla Orlova | | Maardu | 25:16.6 | | 1 |
| 2. | N55 | 311 | Larissa Monahhova | Start | Maardu | 25:16.8 | -0.2 | 2 |

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Naised 65 ja vanemad 3 km

| | | | | | | | | |
|----|-----|-----|------------------|----------|----------|---------|----------|---|
| 1. | N65 | 317 | Ljudmilla Getman | JK Start | Tallinn | 18:27.2 | | |
| 2. | N65 | 328 | Raisa Tarkina | | Maardu | 23:35.3 | -5:08.1 | 1 |
| 3. | N65 | 315 | Anna Baikova | Start | Paldiski | 24:37.0 | -6:09.8 | |
| 4. | N65 | 313 | Lida Mauer | | Tallinn | 36:07.9 | -17:40.7 | |

Mehed 60-69 3 km

| | | | | | | | | |
|----|-----|-----|-------------------|--------------------|--------|---------|---------|---|
| 1. | M60 | 333 | Sergei Istsenko | MULTISPORT ESTONIA | Maardu | 13:30.4 | | 1 |
| 2. | M60 | 309 | Igor Bondarev | | Maardu | 13:59.4 | -29.0 | 2 |
| 3. | M60 | 310 | Vladimir Piskunov | Skanweld | Maardu | 15:35.3 | -2:04.9 | 3 |
| 4. | M60 | 318 | Alexander Udalov | Maardu Põhikool | Maardu | 17:23.8 | -3:53.4 | 4 |

Mehed 70 ja vanemad 3 km

| | | | | | | | | |
|----|-----|-----|------------------|---------------|---------|---------|---------|---|
| 1. | M70 | 332 | Andrei Babin | OÜ AB-Biograf | Tallinn | 14:20.8 | | |
| 2. | M70 | 301 | Gennadi Jegorov | | Maardu | 16:40.7 | -2:19.9 | 1 |
| 3. | M70 | 314 | Anatoli Đuvalov | | Tallinn | 17:04.9 | -2:44.1 | |
| 4. | M70 | 308 | Valeri Vassiljev | Maardu | Maardu | 22:08.7 | -7:47.9 | 2 |

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| Koht | V.kl | Nimi | Klubi | Linn/Vald | Tulemus | Kaotus |
|--------------------------|------|------|------------------------|-------------------------|----------------|-------------------|
| Üldjärjestus 5 km | | | | | | |
| 1 | M20 | 511 | Dmitri Beljakov | OCR Estonia / #WayToTea | Maardu | 22:10.1 |
| 2 | M40 | 512 | Sergei Baranovski | Multisport Estonia | Maardu | 22:25.7 - 15.6 |
| 3 | M40 | 513 | Oleksandr Mosku | | Maardu | 22:55.2 - 45.1 |
| 4 | M50 | 509 | Andrei Nikitin | SRD SK | Tallinn | 23:15.0 - 1:04.9 |
| 5 | M40 | 508 | Mikhail Raer | SRD SK | Tallinn | 23:56.8 - 1:46.7 |
| 6 | M40 | 522 | Alexander Novoselov | Tallinn | Tallinn | 24:10.8 - 2:00.7 |
| 7 | M40 | 515 | Jevgeni Afonin | SK ETR | Maardu | 24:29.7 - 2:19.6 |
| 8 | M20 | 510 | Mark Aleksejev | VELOPROGULKI.EE | Tallinn | 25:01.0 - 2:50.9 |
| 9 | M50 | 329 | Andrei Verõinin | Radius Machining OÜ | Maardu | 25:21.6 - 3:11.5 |
| 10 | M20 | 518 | Nikolai Voitsehhovski | FB Jooksmine | Narva | 26:58.3 - 4:48.2 |
| 11 | M40 | 535 | Pjotr Zotovich | Rahvamaja | Maardu | 27:25.7 - 5:15.6 |
| 12 | M40 | 517 | Sergei Kolesnikov | Maardu | Harjumaa | 29:03.5 - 6:53.4 |
| 13 | N35 | 506 | Anastassija Shapenkova | Maardu Purjespordikool | Tallinn | 29:28.9 - 7:18.8 |
| 14 | N35 | 523 | Hellika Hollo | DogRelaxation Studio | Kostivere | 32:14.5 - 10:04.4 |
| 15 | N18 | 529 | Sofija Solomatina | JJ-Street | Tallinn | 32:33.4 - 10:23.3 |
| 16 | N18 | 531 | Polina Zvjagina | JJ-Street | Tallinn | 32:33.4 - 10:23.3 |
| 17 | N18 | 533 | Milena Filjok | JJ-Street | Maardu | 32:33.6 - 10:23.5 |
| 18 | M50 | 334 | Igor Kalakauskas | TTRK | Tallinn | 33:09.6 - 10:59.5 |
| 19 | N18 | 532 | Ksenija Organova | JJ-Street | Tallinn | 33:28.8 - 11:18.7 |
| 20 | N20 | 503 | Anastasija Brusilova | Maardu | Maardu | 33:32.6 - 11:22.5 |
| 21 | M40 | 505 | Stanislav Romanov | | Maardu | 35:08.8 - 12:58.7 |
| 22 | N18 | 504 | Melana Nelk | Maardu poksiklubi | Maardu | 37:53.8 - 15:43.7 |
| 23 | N35 | 507 | Diana Teppan | Maardu Purjespordikool | Kallavere küla | 40:48.0 - 18:37.9 |
| 24 | N35 | 514 | Yulia Krehkhkhoa | | Maardu | 40:48.9 - 18:38.8 |
| 25 | N35 | 502 | Luule Suurvärav | Spordiselts | Maardu | 43:00.4 - 20:50.3 |
| 26 | N18 | 528 | Eve-Liina Laanemets | JJ-Street | Tallinn | 43:51.9 - 21:41.8 |
| 27 | N18 | 524 | Veronika Pochukaeva | JJ-Street | Tallinn | 46:52.7 - 24:42.6 |
| 28 | N18 | 527 | Alissa Panfilov | JJ-Street | Maardu | 47:05.1 - 24:55. |

Koht
Maardu

| Koht | V.kl | Nimi | Klubi | Linn/Vald | Tulemus | Kaotus arvestuses |
|----------------------------|------|------|---------------------|-------------------|---------|--------------------|
| Tüdrukud 16-18 1 km | | | | | | |
| 1. | N18 | 529 | Sofija Solomatina | JJ-Street | Tallinn | 32:33.4 |
| 1. | N18 | 531 | Polina Zvjagina | JJ-Street | Tallinn | 32:33.4 |
| 3. | N18 | 533 | Milena Filjok | JJ-Street | Maardu | 32:33.6 -0.2 1 |
| 4. | N18 | 532 | Ksenija Organova | JJ-Street | Tallinn | 33:28.8 -55.4 |
| 5. | N18 | 504 | Melana Nelk | Maardu poksiklubi | Maardu | 37:53.8 -5:20.4 2 |
| 6. | N18 | 528 | Eve-Liina Laanemets | JJ-Street | Tallinn | 43:51.9 -11:18.5 |
| 7. | N18 | 524 | Veronika Pochukaeva | JJ-Street | Tallinn | 46:52.7 -14:19.3 |
| 8. | N18 | 527 | Alissa Panfilov | JJ-Street | Maardu | 47:05.1 -14:31.7 3 |

Naised 19-34 5 km

| | | | | | | |
|----|-----|-----|----------------------|--------|--------|-----------|
| 1. | N20 | 503 | Anastasija Brusilova | Maardu | Maardu | 33:32.6 1 |
|----|-----|-----|----------------------|--------|--------|-----------|

Mehed 19-39 5 km

| | | | | | | |
|----|-----|-----|-----------------------|-------------------------|---------|-----------------|
| 1. | M20 | 511 | Dmitri Beljakov | OCR Estonia / #WayToTea | Maardu | 22:10.1 1 |
| 2. | M20 | 510 | Mark Aleksejev | VELOPROGULKI.EE | Tallinn | 25:01.0 -2:50.9 |
| 3. | M20 | 518 | Nikolai Voitsehhovski | FB Jooksmine | Narva | 26:58.3 -4:48.2 |

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Naised 35-44 5 km

| | | | | | | | | |
|----|-----|-----|------------------------|------------------------|----------------|---------|----------|---|
| 1. | N35 | 506 | Anastassija Shapenkova | Maardu Purjespordikool | Tallinn | 29:28.9 | | |
| 2. | N35 | 523 | Hellika Hollo | DogRelaxation Studio | Kostivere | 32:14.5 | -2:45.6 | |
| 3. | N35 | 507 | Diana Teppan | Maardu Purjespordikool | Kallavere küla | 40:48.0 | -11:19.1 | 1 |
| 4. | N35 | 514 | Yulia Krehkhkova | | Maardu | 40:48.9 | -11:20.0 | 2 |
| 5. | N35 | 502 | Luule Suurvärav | Spordiselts | Maardu | 43:00.4 | -13:31.5 | 3 |

Mehed 40-49 5 km

| | | | | | | | | |
|----|-----|-----|---------------------|--------------------|----------|---------|----------|---|
| 1. | M40 | 512 | Sergei Baranovski | Multisport Estonia | Maardu | 22:25.7 | | 1 |
| 2. | M40 | 513 | Oleksandr Mosku | | Maardu | 22:55.2 | -29.5 | 2 |
| 3. | M40 | 508 | Mikhail Raer | SRD SK | Tallinn | 23:56.8 | -1:31.1 | |
| 4. | M40 | 522 | Alexander Novoselov | Tallinn | Tallinn | 24:10.8 | -1:45.1 | |
| 5. | M40 | 515 | Jevgeni Afonin | SK ETR | Maardu | 24:29.7 | -2:04.0 | 3 |
| 6. | M40 | 535 | Pjotr Zotovich | Rahvamaja | Maardu | 27:25.7 | -5:00.0 | 4 |
| 7. | M40 | 517 | Sergei Kolesnikov | Maardu | Harjumaa | 29:03.5 | -6:37.8 | |
| 8. | M40 | 505 | Stanislav Romanov | | Maardu | 35:08.8 | -12:43.1 | 5 |

Mehed 50-59 5 km

| | | | | | | | | |
|----|-----|-----|------------------|---------------------|---------|---------|---------|---|
| 1. | M50 | 509 | Andrei Nikitin | SRD SK | Tallinn | 23:15.0 | | |
| 2. | M50 | 329 | Andrei Verđinin | Radius Machining OÜ | Maardu | 25:21.6 | -2:06.6 | 1 |
| 3. | M50 | 334 | Igor Kalakauskas | TTRK | Tallinn | 33:09.6 | -9:54.6 | |